



Small & Thoughtful

2023 Gift Guide

**Together we can support local businesses
this holiday shopping season**

Local businesses are what make our communities feel like home.
We're proud to highlight what makes them shine by
helping you find the perfect gift for everyone on your list!

Interested in having your business be part of the Spotlight Shop?

Fill out an application today.

M&T Spotlight Shop



Small & Thoughtful

2023 Gift Guide



Coffee Lover _____	3
Health and Wellness Enthusiast _____	4
Community-Conscious _____	5
Dad Who Has Everything _____	6
Sweet Tooth _____	7
Animal Lover _____	8
Busy Mom _____	9
Social Butterfly _____	10
Host with the Most _____	11
Self-Care Guru _____	12
Homeowner _____	13
Outdoor Aficionado _____	14
Fashion Fanatic _____	15

Please note that this document contains links to third-party sites. The Third-Party Websites are governed by a different set of terms and conditions and privacy policy than the M&T website and you should review those terms, conditions and privacy policy prior to reviewing the content of the Third-Party Websites. M&T is providing a link to Third-Party Websites as a convenience and does not necessarily control the content of, or endorse, the Third-Party Websites, their owners/operators or any information, products or services that are made available on or through them. M&T makes no representations or warranties regarding the information, products or services provided through the Third-Party Websites. Such Third-Party Website owners/operators may be regulated by governmental entities and laws that are different than those that regulate M&T.

FOR
THE

Coffee Lover



1
Warm
& cozy



2
Feel-good
gift



3
Foodie
favorite



4
Freshly
roasted

Whether they love their lattes or craft their own cold brew, those who need their daily coffee fix will delight in these caffeine-fueled favorites.

1. Golden Cup Coffee

The goal at Golden Cup Coffee is to provide a unique and heartwarming experience. So whether it's a gift card to their Buffalo, NY, coffeehouse or some K-Cups from their online shop, when you gift from Golden Cup, you're gifting happiness.

goldencupcoffee.com

2. Tend Coffee

Whether it's a cup of joe or a bag of beans, a gift from this Long Island café and roastery means more than just coffee. Every three months, Tend chooses an animal-related nonprofit to support with their sales.

tendcoffee.com

3. Deddle's Mini Donuts

What goes together better than coffee and donuts? Coffee and mini donuts! Treat your loved ones or coworkers to Deddle's Mini Donuts catering at your holiday event, or treat yourself to their food truck as you holiday shop around Baltimore, MD.

deddlesdonuts.com

4. Sunday Morning Coffee

Sunday Morning Coffee offers 100% Arabica beans that aren't roasted until you order them – meaning they're the epitome of rich, fresh flavor. You can shop this woman-owned business' impressive selection of premium blends online or in various stores around the Washington, DC, metropolitan area.

sundaymorningroast.com

FOR
THE

Health and Wellness Enthusiast

Don't sweat over finding a gift for that wellness-loving friend or family member who always has a fitness class booked or has plans for a healthier new year.



1
Community
love



3
Knockout
gift



2
Give good
vibes



4
Freshly
squeezed

1. Revolution Indoor Cycling

Exercise is anything but intimidating at female-founded and -owned Revolution Buffalo. This boutique fitness studio offers cycling, running and strength classes that make perfect gifts for those seeking a sense of community and empowerment.

revolutionbuffalo.com

2. Foundations Island Yoga

Yoga veterans and newbies alike can come as they are and immerse themselves in the supportive environment at Foundations Island Yoga. From Vinyasa and Bikram to Buti and Rocket, this Kent Island, MD, studio offers a wide range of classes and flow styles that will help their soul find balance and peace.

foundationsislandyoga.com

3. FitOne Personal Training

For a loved one seeking to start their fitness journey, FitOne Personal Training in Alexandria, VA, offers individualized sessions to help them reach their goals. Each of FitOne's trainers will take the time to understand their needs and provide techniques that allow them to achieve any fitness milestone.

fitonestudio.com

4. TWIST Juice Bar & Café

Just one block from Delaware's Rehoboth Beach, TWIST is the one-stop shop for delicious, health-conscious meals. From cold-pressed juices to poke bowls, every menu item is made with locally sourced ingredients – and perfect for a lunch or snack break as you holiday shop along Rehoboth Avenue.

twistjuicesrehoboth.com

Shining a light on multicultural businesses.

Diversity is what makes the communities we love and live in even stronger. Promote cultural equity this holiday season by supporting local multicultural businesses.

1

Fill their cup



2

Good eats



3

A little R&R



4

Cheers!



unapologeticcoffee.us

2. My Sister's Fault

Located in Milford, DE, My Sister's Fault prides themselves on being the first Puerto Rican bakery in the area. From empanadas and cubanos to rum cakes and flan, their extensive menu is one that any foodie would love.

order.my-sisters-fault.com

3. King Spa

Located in Chantilly, VA, King Spa offers a unique experience known as "Jjim-Jil Bang." With everything from sauna rooms to acupressure massage, services from this Korean spa make the perfect gift and offer total relaxation of the body and mind.

virginia.kingspa.com

4. Boyd Cru Wines

As the first Black-owned winery in Maryland, Boyd Cru Wines believes that wine should be accessible to everyone. Their delicious wines are bottled with the utmost care and zero pretentiousness – making them the perfect gift for anyone who loves to connect and unwind over a glass.

boydcruwines.com

FOR
THE

Dad Who Has Everything

Or really any hard-to-shop-for guy in your life.



1
Delicious!

2
Hand-carved

4
Skincare
for him

3
Ride in
style

1. Harbor Fish Market

If dad is a seafood lover, gift him some high-quality clams, salmon or lobster from Harbor Fish Market. This family-owned business has been committed to providing the freshest seafood to the community of Portland, ME, since 1966 and has even expanded to offer wholesale and shipping.

harborfish.com

3. Fairfield County Motorsport

If he's got a luxury car, gift him a tune-up at Fairfield County Motorsport, where you'll find a team of expert automobile technicians dedicated to providing quality maintenance and repair. Whether it needs a routine oil change or a complete top-end overhaul, you can trust this Fairfield, CT, shop to give his car the service it needs to run its best.

fairfieldcountymotorsport.com

2. Buffalo Reclaimed

In Buffalo, NY, this family-owned and -operated flag company crafts products that cultivate a great sense of American pride. Handmade with high-quality materials, each wooden flag can be hung inside or outdoors – so you can give dad a patriotic gift that he can display anywhere.

buffaloreclaimed.com

4. Skincare Essentials by Jill

Who said skincare is just for the ladies? Based in Buffalo, NY, Skincare Essentials by Jill offers products for everyone – including some geared toward men's needs, like beard butter, body scrubs and massaging soap bars.

skincareessentialsbyjill.com

We all have a dessert lover on our list.
Why not treat them to a sweet surprise?

1. Hedonist Artisan Chocolates

Hedonist Artisan Chocolates has been providing premium handcrafted confections to the Rochester, NY, area since 2007. Stop by their South Ave. storefront for a box of caramels or truffles or have them shipped nationwide.

hedonistchocolates.com

2. Mount Mansfield Maple Products

Some of the world's greatest maple syrup can be found nestled in the foothills of the Vermont Green Mountains at Mount Mansfield Maple Products. Their bottled syrup, maple candy and jars of maple cream make ideal gifts for those with a taste for something sweet.

vermontpuremaple.com

3. The Little Fat Girl

The Little Fat Girl is a Black-owned online bakery serving up sweet deliciousness in each of their freshly baked brownies. Treat a friend to a box or bag of their fudgy brownies or gift an experience with their online cake decorating class.

thelittlefatgirl.com

4. DiCamillo Bakery

Since 1920, DiCamillo Bakery has been serving Italian breads, biscotti, cookies and pastries to Western New York. Pick up a cookie tray for your office holiday party or purchase a gift basket that can be delivered anywhere in the US.

dicamillobakery.com

1
Gourmet
goodies



2
Maple
mania



3
Yum!



4
Baked
with love



FOR
THE

Animal Lover

Whether they're a dog dad or a cat mom, these gift ideas are for the pet parents!



1
Feel-good
gift



2
Puppy
love



3
Giddy
up!

1. Team Woofgang & Co.

Based in Fairfield, CT, Team Woofgang & Co. is a nonprofit committed to providing adults with disabilities vocational skills. 100% of the cost of their gift-worthy dog treats goes to support Team Woofgang's programs and services.

woofgangco.org

2. Big Barker

Extend the happy and healthy years of their dog's life. Made right in PA, Big Barker's proprietary triple-layer orthopedic foam dog beds have been clinically proven to significantly reduce pain and increase mobility in big dogs.

bigbarker.com

3. The Stagecoach West

If you've got an equestrian in your life, saddle up and head on over to The Stagecoach West in Irving, NY. From saddles to western wear, gifts and a large work line this retailer offers the highest quality goods at an affordable price – and they ship nationwide too.

stagecoachwest.com

FOR
THE

Busy Mom

Give any special woman in your life a gift that's just as caring and thoughtful as she is.

1. Jacob Albee Designs

Based in Burlington, VT, Jacob Albee Designs offers a stunning assortment of jewelry unlike anything you've seen before. Gift mom a beautiful necklace, bracelet or set of earrings designed with the utmost attention to detail and made with 100% recycled precious metals.

jacobalbee.com

2. The Ivy Bookshop

If reading is her thing, she'll love a book or gift certificate from The Ivy Bookshop. This Baltimore, MD, independent bookstore offers titles of every genre, and their knowledgeable staff can help you pick just the right read.

theivybookshop.com

3. Words with Boards

Words with Boards is passionate about the art of thoughtful gift-giving. This online retailer offers customizable cutting boards, trivets and serving trays that will bring a personal touch to mom's home.

wordswithboards.com

4. The Conche

Nothing is as decadent as dinner and dessert at The Conche – where the cocktails, entrees and desserts all have a focus on chocolate. Treat mom to a night out, or gift her a chocolate-making class at this Leesburg, VA, staple.

the-conche.com



1
Made by
hand



2
A real page-
turner



3
A personal
touch



4
Foodie
favorite

FOR
THE

Social Butterfly

These experience-based gifts will have your friends laughing, smiling or even volleying their way through the new year.



1. Dinkers Pickleball

Think they're ready to try their hand at one of the country's fastest growing sports? Gift them some lessons, court time or gear from Dinkers Pickleball in Rochester, NY.

dinkerspb.com

3. Guilford Hall Brewery

Guilford Hall Brewery offers a European-style dining experience right in Baltimore, MD. A gift certificate will grant the social butterfly on your list access to Guilford Hall's lineup of lagers and ales, a menu featuring flavors from every corner of Europe, and a lively brewpub with events like trivia nights and dance parties.

guilfordhall.com

2. Herschell Carrousel Factory Museum

Family fun and nostalgia are at the center of this North Tonawanda, NY, attraction. The Herschell Carrousel Factory Museum offers a rich history on the beloved carnival ride, complete with interactive exhibits and seasonal events. A museum membership would make a great gift!

carrouselmuseum.org

4. Image City Photography Gallery

Located in the heart of the Neighborhood of the Arts in Rochester, NY, Image City features new photo exhibitions every four weeks. Schedule a group tour or a class for the artsy individuals in your life.

imagecityphotographygallery.com

2 Hoppy holidays



1 Mmm, mocktails!



3 Refreshing!



4 Smooth sipping



Whether they're hosting the holiday party, or their house is game night central all year long, these gifts are a great addition to any gathering.

1. NOPE Beverages

Do mocktails have to be boring? Nope! From the strawberry basil smash to the rosemary vanilla lemonade, each nonalcoholic beverage crafted by NOPE is formulated for festivity and bubbling with botanical flavors.

drinknope.com

2. The Delaware Growler

If you've got a craft beer lover on your list, look no further than The Delaware Growler. Stop by this Newark, DE, growler-filling station to purchase them a growler of their own, or craft a six-pack from their large selection of bottles.

thedelawaregrowler.com

3. Lake Hour

Beer and wine not their vibe? Lake Hour offers a refreshing lineup of four canned cocktails that are perfect to unwind with. Order a case online or find them in select stores across the country.

lakehour.com

4. Living Roots Wine & Co.

Any wine lover would appreciate a bottle from Living Roots Wine & Co. – an urban winery in Upstate New York and a not-so-urban winery in South Australia. Whether it's a rich Finger Lakes white or a vibrant Adelaide red, each of their wines packs full-bodied flavor.

livingrootswine.com

FOR
THE

Self-Care Guru

If they always have a “me day” slated on their calendar, these gifts will be the perfect complement.



1
Stocking
stuffers



2
So
relaxing



3
Total
balance

1. Rad Soap Company

Based in Albany, NY, Rad Soap Company was born from a desire for natural skin and body care options. Their online and brick-and-mortar stores offer a wide variety of freshly made bar soaps, sugar scrubs and body creams that make perfect stocking stuffers.

radsoap.com

2. Jolie Aesthetics & Wellness

From massage therapy to hair restoration to facials, female-owned Jolie Aesthetics & Wellness offers all the services necessary for your loved one to look and feel their best. This Hudson Valley medical aesthetics practice utilizes the latest technology to better serve each of their clients and help them relax and unwind.

joliemedispa.com

3. Harmony's Wellness Center

In addition to essential oils, herbs, natural remedies and nutritional supplements, Harmony's Wellness Center offers services such as iridology analyses and energetic readings. Place an online order or stop by the Springville, NY, store to see their lineup of holistic health and wellness-related gifts.

harmonyswellnesscenter.com

Whether they just closed on their first house or are living in their forever home, these ideas are sure to spark joy in any homeowner.

1. Jono Pandolfi Design

If you want to give the gift of beautifully crafted dinnerware, look no further than Union City, New Jersey's Jono Pandolfi Design. Year-round, their team of 10 talented artisans comes together to hand-make each bowl, plate and cup for customers across the world.

jonopandolfi.com

2. Cooks' World

Cooks' World in Brighton, NY, is the one-stop shop to equip any kitchen. Look no further than this family business for everything your favorite home chef might need, from bakeware to small appliances to gadgets galore.

cooksworld.com

3. A la Maid

A la Maid does more than just take care of homes – they take care of people. Gift the homeowner on your list a one-time deep clean or recurring maintenance from this Connecticut-based team of cleaners.

alamaid.com

4. Smith Contemporary Furniture

If you're seeking a big-ticket gift for a homeowner in your life, visit the team of experts at Smith Contemporary Furniture. From mid-century modern sofas to Scandinavian-style dining sets, this CNY furniture importer is sure to have just the right piece.

smithcontemporaryfurniture.com

1
Handmade



2
Get
cooking!



3
Sparkling
clean



4
Modern
vibes



FOR
THE

Outdoor Aficionado

For anyone who feels one with nature, these gifts are a breath of fresh air.

1
Gear
up!



2
In full
bloom



3
Goat
for it!



4
So
comfy!



1. The Great Outdoors

Across three Vermont locations, The Great Outdoors provides quality equipment and gear that will last them season after season. Whether they ski, camp or fish, this retailer offers all they'll need to get the most out of every adventure.

greatoutdoorsvermont.com

3. Catapano Dairy Farm

Once a tiny goat farm, Catapano Dairy Farm is now Long Island's go-to source for goat's milk products and goat-based experiences. Treat the nature lover in your life to a tour of their farm or a baby goat yoga session.

catapanodairyfarm.com

2. Gabrielsen's Country Farm

Gabrielsen's Country Farm in Jamesport, NY, has everything their garden needs to flourish. Annuals, perennials, vegetables and herbs – this family-owned farm offers something beautiful for every season.

gabrielsencountryfarm.com

4. Foxgloves

At Foxgloves, they know gardening is much more enjoyable when you've got comfortable gear – so gift the green thumb on your list a pair of their form-fitting gloves or a lovely crochet sun hat.

foxglovesinc.com

FOR
THE

Fashion Fanatic

If they're always following the latest style trends, they'll love a new addition to their wardrobe.

1. Cats Like Us

If vintage is totally their vibe, they'll love the clothing and accessories at Cats Like Us. Grab them a gift card to this Tonawanda, NY, boutique so they can search the racks themselves for an outfit like no other.

catslikeus.com

2. Mountz Jewelers

From engagement rings to watches to custom-designed pieces – Mountz Jewelers truly has it all. Stop into any of their three Central PA locations to find a piece of jewelry your loved one will treasure for life.

mountzjewelers.com

3. Fresh

Nestled in Springville, NY, Fresh has offered a trendy selection of clothing and gifts since 1999. Stop in to find the perfect sweater, dress or pair of shoes for your fashionista friend at this family-owned boutique.

boutiqueatfresh.com

4. 302 Horseshoe Crab

Family-owned and -operated, the 302 Horseshoe Crab offers tees, hats and accessories that capture the essence of salt-air style. Their original designs can be found at their flagship location in Lewes and other storefronts around Delaware.

302horseshoecrab.com

1
So
retro!



2
Bling
bling



3
Chic!



4
Beachy
keen



Want to Join In on the Fun?



The M&T Spotlight Shop is open – for small businesses like yours!

The M&T Spotlight Shop is an effort dedicated to promoting small businesses like yours on our platforms. And now, we're promoting businesses in more ways than ever.



Online, in person and on social.

As a Spotlight Shop business, you have the opportunity to be featured in our virtual Spotlight Shop – a page on our site where shoppers from anywhere can explore your small business and even make a purchase. We may tap you to be featured in a blog we're writing, share a quote for our social media channels or have the press cover your story. And a select few Spotlight Shop businesses will have the opportunity to be featured in one of our in-person Spotlight Shop pop-up events.



Get started.

We'd love to have you join us and inspire our communities through your unique products and services.

To apply or learn more, visit

mtb.com/spotlight-partner-form

or talk to your banker today.

M&T Spotlight Shop